



NPC WORLDWIDE IFBB PRO™ CARD QUALIFICATION RULES

(For International Regional and Pro Qualifier Contests)

TYPE OF CONTEST	OPEN TO	PRO CARD
Regional	Worldwide	No
National Regional	Host Country Only	No
Pro Qualifier	Worldwide	See Table 1 below
National Pro Qualifier	Host Country Only	
Ben Weider WorldWide Classic	Worldwide	
Arnold Amateur (Australia & Brazil)	Worldwide	
Arnold Amateur (USA)	Worldwide	See Table 2 below
Amateur Olympia	Worldwide	See Table 3 below

Table 1: Standard Pro Qualifier

TYPE OF CONTEST	MINIMUM NUMBER OF COMPETITORS PER DIVISION	NUMBER OF IFBB PRO CARDS AWARDED PER DIVISION OVERALL
Pro Qualifier	5	1
National Pro Qualifier		
Ben Weider WorldWide Classic		
Arnold Amateur (Australia & Brazil)		

Table 2: Arnold Amateur (USA)

DIVISION	MINIMUM NUMBER OF COMPETITORS PER DIVISION	NUMBER OF IFBB PRO CARDS AWARDED PER DIVISION OVERALL
Men's Bodybuilding	5	1
Classic Physique		
Fitness		
Figure		
Women's Physique		
Wellness		
Men's Physique	5	2
Bikini		

Table 3: Amateur Olympia

NUMBER OF COMPETITORS PER DIVISION	NUMBER OF IFBB PRO CARDS AWARDED PER DIVISION OVERALL
10 or more	3
8-9	2
5-7	1
less than 5	0

